

Community Resources (by Subject)

Librarian compiled list of local resources that provide assistance on a wide range of topics. The information was updated in June 2022, and is provided for informational purposes only and does not imply endorsement of any services or organization. You are encouraged to research any service or agency prior to use and to check with the agency about services, hours, and fees.

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
Illinois Long-Term Care Ombudsman Program- IL Dept. on Aging	www2.illinois.gov/aging	Suburban Cook County: 1-888-206-1327	LAF- Legal Assistance Foundation 1048 Lake St, Suite 300 Oak Park, Illinois 60301	Advocacy	Provider agency designated by region. Protect the quality of life for residents in long-term care settings.
Advocacy Office for Children and Families- Illinois DCFS	www2.illinois.gov/dcfs	1-800-232-3798	DCFS 406 East Monroe St Springfield, IL 62701	Advocate	Responds to complaints, concerns, inquiries about DCFS.
Community Alternatives Unlimited	www.cau.org	1-773-867-4000	8765 West Higgins Road Suite 300 Chicago, IL 60631	Advocate	Case management service for developmentally disabled individuals. They link individuals to the services needed. Serves Rolling Meadows area. Free to families.
Patient Advocate Foundation	www.patientadvocate.org	1-800-532-5274	421 Butler Farm Rd Hampton, VA 23666	Advocate	Free liaison service between patient and their insurer, employer +/- or creditors to resolve issues. Online Resources Guidebook. No direct financial assistance.
SPRAU Advocate Group	www.sprauAG.com	1-847-721-5083	P.O. Box 10787 Chicago, 60607	Advocate	Fee based client advocates, bonded and insured. Services include bill paying, medical claim resolution, financial records and more. Charge hourly fee plus travel time for Rolling Meadows.
Alexian Brothers Behavioral Health Hospital	amitahealth.org/services/behavioral-medicine-institute/	1-855-383-2224	Alexian Brothers Behavioral Health Hospital 1650 Moon Lake Blvd. Hoffman Estates, IL 60169	Behavioral Health	Evidence-based behavioral health care for patients and families. Specialized services for mental health and substance abuse problems.
Career Center Board at Rolling Meadows Library	www.rmlib.org	1-847-259-6050	Rolling Meadows Library 3110 Martin Lane Rolling Meadows, IL 60008	Career/Jobs/ Training	Job listings and career guidance information. A careers collection and employment links at rmlib.org.
Community Career Services- Harper College	harpercollege.edu/services/counseling	Community Career Services: 1-847-925-6293	Career Development Center Building A, Rm. A347 Harper College 1200 West Algonquin Rd. Palatine, IL 60067	Career/Jobs/ Training	Comprehensive full-service center that educates, assists and guides individuals with career exploration and planning. By appointment. Fee.

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Illinois workNet Center	illinoisworknet.com	1-847-981-7400	Illinois workNet Center 723 West Algonquin Rd., Weber Atrium Center Arlington Heights, IL 60005	Career/Jobs/ Training	Local website for Illinois work Net of North and NW Cook County. Info about local services for job seekers and employers.
Illinois workNet Center Youth Services	illinoisworknet.com/dhsyouthpartners	1-224-526-0844	Illinois workNet Center 723 W. Algonquin Road Arlington Heights, IL 60005	Career/Jobs/ Training	Young people's Career Planning and Counseling Job Shadowing and Career Exploration Event Internship and Volunteer Opportunities Educational Scholarships. Career, job, education and training services for 16-24 yr. olds, out of H.S. and meet eligibility req.
Willow Creek Care Center	www.willowcreekcarecenter.org	1-224-512-2600	Willow Creek Community Church 67 E. Algonquin Road South Barrington, IL 60010	Career/Jobs/ Training	Willow Creek Community Church's outreach. Wide range of services including food, children's clothing, housing repairs, transportation, computer lab and ESL classes, employment services, legal services, health services and tax prep. Eligibility screening through their Care Center Services.
ALL KIDS (IL Dept. of Healthcare and Family Services)	illinois.gov/hfs/MedicalPrograms/AllKids/Pages/default.aspx	Hotline: 1-866-255-5437		Child/Teen Services	Health insurance coverage for IL. Children 18 or younger, premium depends on family income.
Bridge Youth and Family Services	www.bridgeyouth.org	1-847-359-7490 After hours: 1-847-776-3720	721 South Quentin Road, Suite 103 Palatine, IL 60067	Child/Teen Services	Counseling, mentoring and education to youth, teens, and families, including crisis intervention (Serves all Palatine Township regardless of ability to pay).
Child Abuse Hotline (Illinois DCFS)	www2.illinois.gov/dhcs/safekids/reporting/Pages/index.aspx	1-800-252-2873 Call 911, if emergency		Child/Teen Services	Report suspected child abuse and neglect (DCFS).
Children's Advocacy Center	www.cachelps.org	1-847-885-0100	640 Illinois Boulevard Hoffman Estates, IL 60169	Child/Teen Services	Support for child victims of violence and their families.
Children's Home+Aid- Palatine and Schaumburg	www.childrenshomeandaid.org	Palatine: 1-847-991-1030 Schaumburg: 1-630-671-2400	721 South Quentin Road Palatine, IL 60067 & 725 East Schaumburg Road Schaumburg, IL 60194	Child/Teen Services	Early Childhood Care & Education, Community Child Care Center Early Head Start, Head Start.

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Clearbrook Helps Infants Learn and Develop (CHILD Program) (under Programs/Services)	www.clearbrook.org	1-847-870-7711	Clearbrook's Child Therapy 1835 W. Central Road Arlington Heights, IL 60005	Child/Teen Services	Family focused, interdisciplinary program for families with young children, birth to five, with developmental delays.
Clearbrook's Child and Family Connections (CFC#6)- Early Intervention (under Programs/Services)	www.clearbrook.org	1-847-385-5342	1835 W Central Rd. Arlington Heights, IL 60005	Child/Teen Services	Free developmental screenings. Evaluate and help children, 0-3, with disabilities, special needs and delays. Sliding scale fees.
Community Consolidated School District 15- Free or Reduced School Meal Program (Under "Services, School Nutrition Services ")	www.ccsd15.net	1-847-963-3000	580 W Central Rd. Arlington Heights, IL 60005	Child/Teen Services	Free or reduced price breakfasts and lunches for qualifying students.
Cook County Department of Public Health- Resource Guide	cookcountypublichealth.org	1-708-836-8600	7556 Jackson Blvd Forest Park, IL 60130	Child/Teen Services	Online guide to area services. Search by service, zip code or city and range.
Early Childhood Block Grant/F.I.N.D. PI Palatine	www.ecdec.org	Prospect Hts Dist 23: 1-847-870-3875 Arlington Hts Dist 25: 1-847-398-4292 River Trails Dist 26: 1-224-612-7308 Palatine: 1-847-963-3450 Wheeling: 1-847-520-8850 Mt. Prospect Dist 57: 1-847-394-7340 Ext. 2220 Call for screening.		Child/Teen Services	Preschool program for at-risk children including English Language Learners.
ExeLeRate Illinois	www.excelebrateillinois.com	Local Child Care Resource & Referral Agency: 1-312-823-1100	Illinois Action for Children (Serving Cook County) 1340 S Damen Ave 3rd floor, Chicago 60608	Child/Teen Services	Rating system to help parents find quality programs for childcare and preschool in Illinois. (Administered through INCCRRA under joint direction of three state departments.)

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Firman Community Services: Rolling Meadows Maternal Child Health Program	www.firmancs.org	1-847-222-1200	1855 Rohlwing Road, Suite A Rolling Meadows, IL 60008	Child/Teen Services	Assist pregnant women and infants up to one year. Scheduling and referrals to healthcare and other services. All services free for those qualifying.
Harbour Inc.	www.theharbour.org	Office: 1-847-297-8540 24 hour hotline: 1-847-297-8541	1440 Renaissance Drive, Suite 240 Park Ridge, IL 60068	Child/Teen Services	For homeless, runaway, neglected 12-21 yr. old girls in NW suburbs. Offer emergency shelter, transitional and independent living. Accept pregnant and parenting young women.
Illinois Action for Children (Child Care Resource & Referral)	www.actforchildren.org/	1-312-823-1100	Various locations, call for information	Child/Teen Services	IL child care resource and referral agency. Dept. of Human Services. Serves Cook County. ExeleRate Resource Agency.
Illinois Child Support Enforcement (under HFS)	illinois.gov/ChildSupport/Pages/default.aspx	1-800-447-4278	401 South Clinton Chicago, Illinois 60607	Child/Teen Services	Information and assistance in obtaining child support.
Illinois Department of Children and Family Services	http://www.illinois.gov/dcfs	1-800-232-3798 (Helpline and hotline numbers on website, under contact us)	various locations	Child/Teen Services	Information on child protection, foster care, adoption, day care licensing and other DCFS services.
Illinois Department of Healthcare and Family Services	https://www2.illinois.gov/agencies/hfs	1-866-311-1119		Child/Teen Services	Provides access to healthcare coverage and child support enforcement.
Illinois Dept. of Healthcare and Family Services: SASS- Screening, Assessment, and Support Services	https://www.illinois.gov/hfs/MedicalProviders/behavioral/sass	CARES Crisis Line: 1-800-345-9049		Child/Teen Services	Serves children experiencing a psychiatric emergency. SASS services available by calling the CARES (Crisis and Referral Entry Services) line. CARES may refer to other services.
Illinois Division of Specialized Care for Children (UIC)	http://dscs.uic.edu	1-800-322-3722	818 S Wolcott Ave, Chicago IL	Child/Teen Services	Care coordination for families and children with special health needs.
Kindred Life Ministries	www.kindredlifeministries.org	1-847-250-7503	P.O. Box 853 Grayslake, IL 60030	Child/Teen Services	Christian support for teen parents and their families. Child care assistance mentors, counseling, and goal setting assistance.
Maryville Academy	www.maryvilleacademy.org	1-847-294-1999	1150 North River Road Des Plaines, IL 60016	Child/Teen Services	Programs including behavioral and mental health services, family support services, secondary and special education, and community development programs.

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Maryville Children's Healthcare Center	www.maryvilleacademy.org	1-773-205-3606	4015 North Oak Park Ave. Building B Chicago, IL 60634	Child/Teen Services	Provides transitional and respite care for medically fragile and technology dependent children.
Maryville Crisis Nursery	www.maryvilleacademy.org	1-773-205-3606 24 hr. helpline: 1-773-205-3637	4015 North Oak Park Ave. Building B Chicago, IL 60634	Child/Teen Services	24/7 Temporary Emergency Child Care Shelter for newborns- 6yr, family support.
Northwest Community Hospital- Behavior Health Services	nch.org/locations/nch-behavioral-health-center	1-847-618-4160	901 Kirchoff Rd. Arlington Heights, IL 60005	Child/Teen Services	Resources and support for wide range of psychiatric, emotional, substance abuse and other mental health problems- adults and adolescents. Partnership with Linden Oaks.
School Breakfast and Lunch Program - SNAP-Supplemental Nutritional Assistance Program (click "Menu", "District Departments", "Food & Nutrition")	www.d214.org	1-847-718-7600	2121 South Goebbert Rd, Arlington Heights IL 60005	Child/Teen Services	Free or reduced price breakfasts and lunches for qualifying students.
Shelter, Inc.	www.shelter-inc.org	24 Hour Referral: 1-847-255-8060	1616 N. Arlington Hts. Rd Arlington Heights, IL 60004	Child/Teen Services	Emergency housing for children and adolescents. Foster care, group homes, healthy families program.
St. Mary's Services	hopefulbeginning.org	1-847-870-8181	510 N Plum Grove Rd, Palatine IL	Child/Teen Services	Maternity counseling and adoption agency.
Youth Services Elk Grove Township (Youth Services tab)	www.elkgrovetownship.com	1-847-981-0373	600 Landmeier Road, Elk Grove Village, IL 60007	Child/Teen Services	Youth counseling services, programs, community education and resource referral.
District 214- U.S. Citizenship Test Prep. (click "Menu" and "Adult Ed & Family Literacy Program")	http://ce.d214.org	1-847-718-7730	Various locations. Our Library has Info. on file.	Citizenship/Immigration	Free w/small materials fee, practice citizenship interview.
Harper College Adult Educ. Dept.- Citizenship classes	dept.harpercollege.edu/aedd/eslregister.html	1-847-925-6015	1375 South Wolf Road, Prospect Heights IL	Citizenship/Immigration	Free Citizenship Classes

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Illinois Coalition for Immigrant and Refugee Rights	http://icirr.org	1-312-332-7360	228 S Wabash Suite 800, Chicago Illinois 60604	Citizenship/ Immigration	Partnership between IL. Agencies and Illinois Coalition for Immigrant and Refugee Rights. Inform immigrants about public benefits and services available.
Literacy/ESL Board at Rolling Meadows Library		1-847-259-6050	Rolling Meadows Library 3110 Martin Lane Rolling Meadows, IL 60008	Citizenship/ Immigration	Provides information on area programs for ESL/Literacy and Citizenship programs.
Northwest Community Healthcare Community Services	nch.org/about/community-services/	1-847-618-1000 1-847-618-4260 for print copies of the guide.	800 W. Central Rd. Arlington Heights, IL 60005	Community Resource Guide	Scroll down to download an extensive Community Resource Guide pdf. Guide lists extensive array of services and info sources for seniors, caregivers and patients of any sort - meals, housing, lending of medical equipment, and more with providers' website links.
Computer Classes at Rolling Meadows Library (Under "Programs and Events")	www.rmlib.org	1-847-259-6050	Rolling Meadows Library 3110 Martin Lane Rolling Meadows, IL 60008	Computer Classes	Hands on computer classes, open to everyone, free but call to register. Check our newsletter or website for current classes offered.
Bridge Youth and Family Services	www.bridgeyouth.org	1-847-359-7490 After hours: 1-847-776-3720	721 South Quentin Road Suite 103 Palatine, IL 60067	Counseling	Counseling, mentoring and education to youth, teens, and families, including crisis intervention (Serves all Palatine Township regardless of ability to pay.)
Firman Community Services: Rolling Meadows Maternal Child Health Program	www.firmancs.org	1-847-222-1200	1855 Rohlwing Road, Suite A Rolling Meadows, IL 60008	Counseling	Assist pregnant women and infants up to one year. Scheduling and referrals to healthcare and other services. All free for those qualifying.
Holbrook Center for Counseling and Psychotherapy (Through Catholic Charities, Northwest region)	catholiccharities.net/GelHelp/OurServices/counseling/Holbrook.aspx	1-312-655-7725	Check website for all locations, Northwest Suburbs: 1717 Rand Road Des Plaines, IL 60016	Counseling	Therapy for individuals and families for emotional, behavioral, and relationship issues. Sliding scale fees.
Response Teen Clinic	jafs.org/response	1-847-676-0078	3033 W Touhy Ave, Chicago IL 60645	Counseling	Friendly counseling & sexual health services and for teens and their families. (Jewish Federation of Metro. Chicago)

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Salvation Army- Des Plaines Corps Community Center	www.salvationarmyusa.org	Des Plaines: 1-847-981-9111	609 West Dempster Des Plaines, IL 60016	Counseling	Counseling
IL Attorney General- Illinois Crime Victims Assistance	www.illinoisattorneygeneral.gov/victims/index.html	1-800-228-3368	100 West Randolph St, IL 60601 Chicago	Crime Victims	Financial assistance for victims. Counseling, medical, etc.
Northwest Center Against Sexual Assault Hotline	www.nwcasa.org	1-847-806-6526 24 hr. hotline: 1-888-802-8890	415 West Golf Road, Suite 47 Arlington Hts., IL 60005	Crime Victims Crisis Hotline	Crisis intervention, counseling, and advocating for survivors in N.&NW suburbs.
Alexian Brothers Center for Mental Health	amitahealth.org/location/amita-health-center-for-mental-health	(Crisis Hotline) 847- 952-7460	Alexian Brothers Center for Mental Health 3436 N. Kennicott Ave. Arlington Heights, IL 60004	Crisis Hotline	Chronic mental illness help center
Disabilityworks- Department of Commerce and Economic Opportunity- IL WorkNet Center	illinoisworknet.com/disabilityworks	800-526-0844		Disabilities	Information and referral so people with disabilities can find job training and placement.
Illinois Dept. of Human Services	www.dhs.state.il.us	Help Line: 1-800-843-6154 Skokie Resource Center: 1-847-745-3200	8001 Lincoln Ave, Skokie, IL 60077	Disabilities	State's lead agency serving persons with disabilities. Work one-on-one with individuals who have disabilities and their families so they reach education, employment and living goals.
Illinois Long-Term Care Ombudsman Program- IL Dept. on Aging	https://www2.illinois.gov/aging/prgrams/LTCOmbudsman/Pages/default.aspx	Suburban Cook County: 1-888-401-8200	LAF- Legal Assistance Foundation 120 S. LaSalle Street Suite 900 Chicago, IL 60603-3425	Disabilities	Provider agency designated by region. Protect the quality of life for residents in long-term care settings.
Maryville Children's Healthcare Center	www.maryvilleacademy.org	1-847-294-1999	1150 N River Rd, Des Plaines, IL 60016	Disabilities - Children	Transitional and respite care for the medically fragile and technologically-dependent.
Anixter Center	www.anixtercenter.org	1-773-973-7900 (General Information and Referral number)	6610 N Clark St, Chicago, IL 60626	Disabilities: adults and children	Education, employment, housing support, life skills management, health care, counseling and more.
Autism Program of Illinois (TAP)	www.theautismprogram.org	217-953-0894	5220 S. 6th Street Rd. Suite 1700 Springfield, IL 62703	Disabilities: adults and children	Network of services for those with Autism Spectrum Disorder and their families.

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Clearbrook	www.clearbrook.org	1-847-870-7711	1835 West Central Road Arlington Heights, IL 60005	Disabilities: adults and children	Developmental disabilities services. All ages.
Little City Foundation	www.littlecity.org	1-847-358-5510	1760 West Algonquin Road Palatine, IL 60067	Disabilities: adults and children	Comprehensive services and programs for those with autism and other intellectual and developmental disabilities.
Northwest Special Recreation Association	www.nwsra.org	1-847-392-2848	Park Central 3000 Central Road, Suite 205 Rolling Meadows, IL 60008	Disabilities: adults and children	Ext. of 17 park districts in the NW suburbs of Chicago, providing recreation services .
A Safe Place	www.asafeplaceforhelp.org	Office: 1-847-731-7165 24-hour crisis line: 1-847-249-4450	2710 17th Street Zion, IL 60099	Domestic Violence	A Safe Place provides safe housing and supportive counseling options to survivors of domestic violence at no charge. See website for additional services.
Between Friends (Court Advocacy Program- Order of Protection)	www.betweenfriendschicago.org	773-274-5232 crisis line: 1- 800-603-4357	Rolling Meadows Courthouse 2121 Euclid Ave., Rm. 045 Rolling Meadows, IL 60008	Domestic Violence	24 hr. Crisis Line, Counseling and Court Advocacy, Legal Clinic, Order of Protection Assistance.
Chicago Mayor's Office Domestic Violence Help Line	chicago.gov/city/en/depts/fss/provdrs/dom_violence/svcs/domestic_violencehelpline.html	1-877-863-6338		Domestic Violence	Operated by the Chicago Metropolitan Battered Women's Network.
Child Abuse Hotline (Illinois DCFS)	www2.illinois.gov/dcfs/safekids/reporting/Pages/index.aspx	1-800-252-2873 Call 911, if emergency		Domestic Violence	Report suspected child abuse and neglect (DCFS)
Children's Advocacy Center	www.cachelps.org	1-847-885-0100	640 Illinois Blvd Hoffman Estates, IL 60169	Domestic Violence	Support for child victims of violence and their families.
Community Crisis Center	www.crisiscenter.org	1-847-742-4057 Spanish: 1-847-697-9740 Crisis Line: 1-847-697-2380	P.O. Box 1390 Elgin, IL 60121	Domestic Violence	24-hour crisis hotline, information, referral; counseling; medical, legal and welfare advocacy; emergency food pantry, more.
Cook County Department of Public Health- Resource Guide	https://www.cookcountyil.gov/file/1358/download?token=ZvbrHlek	312-603-1100		Domestic Violence	Online guide to area services. Search by service, zip code or city and range.
Domestic Violence Legal Clinic (Domestic Violence Courthouse for Chicago)	www.dvlcchicago.org	1-312-325-9155	555 West Harrison St., Suite 1900 Chicago, IL 60607	Domestic Violence	Free services, orders of protection.

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Illinois Coalition Against Domestic Violence	www.ilcadv.org	1-877-863-6338 (Illinois Domestic Violence 24 hour Help Line)	806 South College St, Springfield, IL 62704	Domestic Violence	Website provides links and contact information for area programs to help victims of domestic violence.
Adult Protective Services (APS)	https://www2.illinois.gov/aging/ProtectionAdvocacy/pages/abuse.aspx	1-866-800-1409		Domestic Violence	Report suspected abuse, financial exploitation or neglect of adults.
Life Span	www.life-span.org	Counseling Services: 1-847-824-0382 Legal Services: 1-312-408-1210	Des Plaines 701 Lee Street # 700 Chicago, IL 60601	Domestic Violence	Counseling and legal services
National Domestic Violence Hotline	https://www.thehotline.org	1-800-799-7233		Domestic Violence	24/7 crisis intervention, info and referral to victims, friends, perpetrators and family. Nonprofit org.
WINGS (Women in Need Growing Stronger)	www.wingsprogram.com	24 hr. Hotline: 1-847-221-5680 Housing, Counseling and Mentoring: 1-847-519-7820	P.O. Box 95615 Palatine, IL 60095	Domestic Violence	Comprehensive care and support for homeless or abused women and women with children. Emergency shelter & transitional housing for women and children.
Chicago's Community Kitchens Training classes	https://www.chicagosfoodbank.org/chicagos-community-kitchens/	1-773-247-3663	Greater Chicago food Depository 4100 W. Ann Lurie Place Chicago, IL 60632	Education	Free 14 week food service job training program for residents of Cook County. Call for more information.
ExceleRate Illinois	www.exceletrateillinois.com	Local Child Care Resource & Referral Agency: 1-312-823-1100	Illinois Action for Children (Serving Cook County) 1340 S. Damen Ave 3rd Fl, Chicago, IL 60608	Education	Rating system to help parents find quality programs for childcare and preschool. (Administered through INCCRRA under joint direction of three state departments.)
Harper College	www.harpercollege.edu	1-847-925-6000	Harper College 1200 W. Algonquin Road Palatine, IL 60067	Education	Lifelong Learning Institute, ESL, GED, Women's Program (economic need), Child Learning Center, and more.
Harper College Toastmasters	www.harpercollege.toastmastersclubs.org	1-847-502-8065	Harper College 1200 W. Algonquin Road Palatine, IL 60067	Education	Improve speaking and presentation skills. Check web for times, dates, contacts.
High School District 211 Community Education	https://adc.d211.org/domain/52	1-847-755-6600	1750 S. Roselle Road, IL 60067 Palatine,	Education	Information on GED, Citizenship prep, Alternative H.S., literacy and ESL. Classes for personal and professional enrichment. Check catalog.

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High School District 214 Community Education	http://ce.d214.org	1-847-718-7700	2121 S. Goebbert Rd. Arlington Heights, IL 60005	Education	Cont. education classes, ESL, Family Literacy, Read to Learn, GED, Constitution Test Rev., Citizenship, Cultural and Performing Arts, Day Trips and travel tours, Spanish GED offered and more.
Illinois State Board of Education	www.isbe.net	Chicago Office: 1-312-814-2220	Chicago Office: 100 W. Randolph, Suite 14-300 Chicago, IL 60601	Education	Information and resources Re: education; including school report cards, homeschooling and special needs.
Read to Learn (District 214) (Under "Adult Education & Family Literacy Program")	https://www.ce.d214.org/esl	1-847-718-7722	2121 South Goebbert Rd Arlington Heights IL 60005	Education	Reading instruction for adults with limited English skills. One-to-one with trained volunteer, prof. site supervisor.
Willow Creek Care Center	www.willowcreekcarecenter.org	1-224-512-2600	Willow Creek Community Church 67 E. Algonquin Road South Barrington, IL 60010	Education	Willow Creek Community Church's outreach. Wide range of services including food, children's clothing, housing repairs, transportation, computer lab and ESL classes, employment services, legal services, health services and tax prep. Eligibility screening through their Care Center Services.
University of Illinois Extension	https://extension.illinois.edu	1-217-333-5900	111 Mumford Hall 1301 W. Gregory Dr Urbana, IL 61801	Education	Provides a wide variety of programs and information for Illinois residents, families, and communities. Offers Spanish language programming.
Institute for Continued Learning Roosevelt Univ.	http://iclr.org	1-224-523-6497	ICLRU Center Room 705 1400 N. Roosevelt Blvd. Schaumburg, IL 60173	Education- 55+	Continuing education for those 55 & over. Study groups and cultural activities. Yearly membership fee- \$150, add. fees for special events.
Literacy/ESL Bulletin Board at Rolling Meadows Library		1-847-259-6050	Rolling Meadows Library 3110 Martin Lane Rolling Meadows, IL 60008	Education- ESL/Literacy	Provides information on area programs for ESL/Literacy and Citizenship programs
Workplace Skills Program (HS District 214, community education program)	https://www.ce.d214.org/professional-development	1-847-718-7700	High School District 214 Community Education 2121 S. Goebbert Rd. Arlington Hts., IL 60005	Education- Work Skills	Customized Computer Training for companies. Fee.
Illinois WorkNet Center- Youth Services	https://www.illinoisworknet.com/dhsyouthpartners	1-800-526-0844	Illinois WorkNet Center 723 W. Algonquin Road Arlington Heights, IL 60005	Employment Readiness	Career, job, education and training services for 16-24 yr. olds, out of H.S. and meet eligibility req.

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Catherine M. Lee Women's and Children's Center (School District 214-Forest View Educational Center)	https://www.ce.d214.org/womens-childrens-center	1-847-718-7700	Forest View Educ. Center Room A205 2121 S. Goebbert Road Arlington Heights, IL 60005	ESL- Early Childhood	Helps low-income female immigrants gain basic English skills. ESL program, parent/child reading, early childhood educ. classes.
Partners for our Community	http://www.poc.news/	1-847-776-9500	1585 N Rand Rd, Palatine, IL 60074 Mon. - Thurs. 8AM-9PM Fri. - Sat. 8AM-4PM Saturday 8AM-4PM	ESL, General Assistance	Strengthening underserved families: language tutoring, citizenship prep, lending closet, arts experiences, more.
Catholic Charities North/Northwest Regional Services Emerg. Assistance Program Food Pantry	www.catholiccharities.net	1-847-376-2118	1717 Rand road Des Plaines, IL 60016	Food	Provides four days of food until person can connect with another food resource.
Elk Grove Township Food Pantry (under "General Assistance")	www.elkgrovetownship.com	1-847-437-0300	2400 S. Arlington Heights Rd. Arlington Heights, IL 60005	Food	Township residents can receive food once a month times/yr. ID required.
Palatine Township Food Pantry	https://palatinetownship-il.gov/programs-assistance/food-pantry/	1-847-358-6700	721 South Quentin Road Palatine, IL 60067	Food	Serves anyone in need who lives in the township. Can come monthly.
Schaumburg Township Food Pantry (under "Departments, General Assistance")	www.schaumburgtownship.org	1-847-884-0030 General Assistance	One Illinois Blvd. Hoffman Estates, IL 60169	Food	Open by appointment. For Schaumburg Township residents, ID req., 1/month
Journeys the Road Home Food Pantry	https://www.journeystheroadhome.org/	1-847-963-9163	1140 E Northwest Hwy Palatine, IL 60074	Food	Part of the Greater Chicago Food Depository. Service area includes Rolling Meadows.
Harvest Bible Chapel-Campus Food Pantry	www.harvestbiblechapel.org	1-847-398-7005	800 Rohlwing Road Rolling Meadows, IL 60008	Food	Open to all RM residents, 9-11 every Sunday ID required. Call for information.
Willow Creek Care Center	www.willowcreekcarecenter.org	1-224-512-2600	67 Algonquin Rd. Building G South Barrington, IL 60010	Food	Anyone can come once/mo. for week's worth of groceries, once/wk. for bread. ID and proof of address required.

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Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
Community Consolidated School District 15 - Free or Reduced School Meal Program (Under "Services, School	www.ccsd15.net/Page/680	1-847-963-3000	580 N. 1st Bank Drive Palatine, IL 60067	Food- Meals	Free or reduced price breakfasts and lunches for qualifying students.
School Breakfast and Lunch Program - SNAP-Supplemental Nutritional Assistance Program (click "Menu", "District Departments", "Food & Nutrition")	https://www.214.org/Page/3654	1-847-718-7600	2121 South Goebbert Road, Arlington Heights, IL 60005	Food- Meals	Free or reduced price breakfasts and lunches for qualifying students.
Access at Northwest Community	www.accesscommunityhealth.net	1-866-267-2353	1 N. Broadway Plaines IL 60016	Health	Community health care for low-income residents of Arlington Hts. and surrounding communities. Check website for other locations.
Access to Care	www.accesstocare.org	1-708-531-0680	2225 Enterprise Drive, Suite 2507 Westchester, IL 60154	Health	Healthcare for low income un- and underinsured adults in suburban Cook Co. and parts of Chicago who don't qualify for government programs.
Chicago Dental Society	http://www.cds.org/for-the-public/dental-clinics-in-cook-dupage-lake-counties	1-847-618-1000	800 W. Central Rd. Arlington Heights, IL 60005	Health	Online guide to area free and sliding scale clinics in Chicago Metro area with contact info and brief description.
Community Health Clinic	www.communityhealth.org	1-773-395-9900	2611 W. Chicago Ave. Chicago, IL 60622	Health	Largest free clinic in IL, serving Chicago area residents who have no insurance.
Cook County Department of Public Health- Resource Guide	Resources - Cook County Department of Public Health (cookcountypublichealth.org)	1-708-836-8600	Health Administrative Office, 7556 Jackson Boulevard, Forest Park, IL 60130	Health	Online guide to area services. Search by service, zip code or city and range.
Get Covered Illinois- the official Illinois health insurance marketplace	www.getcoveredillinois.gov	1-866-311-1119	122 S. Michigan Ave, 19th Floor, Chicago, IL 60603	Health	Affordable Care Act Information in Illinois
Health Benefits for Workers with Disabilities- IL Dept. of Healthcare and Family Services	www.illinois.gov/hfs/MedicalPrograms/hbwd/Pages/default.aspx	1-800-226-0768	401 South Clinton Chicago, Illinois 60607	Health	Program provides comprehensive healthcare coverage for workers with disabilities. Must meet income requirements and monthly premium based on income.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
Illinois Department of Healthcare and Family Services	www.illinois.gov/hfs	Phone directory under "About Us"	401 South Clinton Chicago, Illinois 60607	Health	Provides access to healthcare coverage and child support enforcement.
Illinois Dept. of Public Health	www.dph.illinois.gov	1-312-814-2793	122 S. Michigan Ave, 19th Floor, Chicago, IL 60603	Health	Access Illinois Hospital Report and health information and hotlines (under "Contact Us").
Illinois Dept. of Public Health- immunizations	www.dph.illinois.gov/topics-services/prevention-wellness/immunization	1-800-232-4636		Health	Immunization information.
Illinois FamilyCare	FamilyCare (illinois.gov)	1-866-255-5437	401 South Clinton Chicago, Illinois 60607	Health	Health insurance for IL parents and certain caretaker relatives living with children 18 and under.
Illinois Healthcare Portal	www.illinois.gov/hfs/MedicalClient/s/health/Pages/default.aspx			Health	One stop source for healthcare needs. Connects you to the state health benefit programs.
Illinois Rx Card	www.illinoisrxcard.com			Health	Privately supported and at participating pharmacies. Check with your pharmacy.
Northwest Community Hospital	www.nch.org	1-847-618-1000	800 West Central Road Arlington Heights, IL 60005	Health	Help find a doctor, geriatric service information, support group options, classes etc.
Northwest Community Hospital Mobile Dental Clinic	www.nch.org/mobiledentalclinic	Township: EG:1-847-437-0300 Pal.:1-847-358-6700 Sch.:1-847-884-0030		Health	Dental care to Elk Grove, Palatine, Schaumburg and Wheeling Townships. Income guidelines and possible fee.
Northwest Community Hospital- Financial Assistance	Financial Assistance - Northwest Community Healthcare (nch.org)	1-847-618-4542	Medical Records Center. North Entrance.800 West Central Road Arlington Heights, IL 60005	Health	Financial counselors are available in the Financial Counseling and Medical Records Center at the North Entrance, Monday-Friday 8 a.m. – 5 p.m., and in the Emergency Department, 5 p.m. – 9 p.m.
Senior Health Insurance Program (SHIP) (under IL Dept. of Aging)	https://www2.illinois.gov/aging/AboutUs/Pages/programs.aspx	1-800-252-8966	Email: AGING.SHIP@illinois.gov	Health	Free Statewide health insurance counseling service for Medicare beneficiaries. Offers a Medicare supplement premium comparison guide.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
Palatine Nurses Club Lending Closet	Nurses Lending Closet Palatine, IL	1-847-934-3016	Palatine Nurses Club Palatine Village Hall 200 E. Wood St. Palatine, IL 60067	Health Equipment Lending Closet	Palatine Township residents only. Call first. Wheelchairs, Crutches, Walkers, Commodes, Bath Seats and Benches. Wed. & Sat. 10-11:30
ALL KIDS (IL Dept. of Healthcare and Family Services)	www.illinois.gov/hfs/MedicalPrograms/All Kids	Hotline: 1-866-255-5437		Health-Insurance - Kids	Health insurance coverage for IL. Children 18 or younger, premium depends on family income.
Meijer Pharmacy	https://www.meijer.com/services/pharmacy.html	1-847-690-1210 (Pharmacy in Rolling Meadows)	Rolling Meadows Location: 1301 Meijer Drive Rolling Meadows, IL 60008	Health-Medicine	Free 14 day supply of selected generic antibiotics, free metformin (diabetes), Atorvastatin Calcium (cholesterol) and selected prenatal vitamins with doctor's prescription.
Prescription Discount Card- City of Rolling Meadows (National League of Cities Prescription Card)	www.caremark.com/nlc	Customer Care: 1-877-321-2652	CVS Caremark Attn: Customer Care Support Team PO Box 659576 San Antonio, TX 78265	Health-Medicine	Discount card for prescriptions not covered by insurance. Accepted at participating pharmacies. Pharmacy locator on website.
Firman Community Services: Rolling Meadows Maternal Child Health Program	www.firmancs.org	1-847-222-1200	1855 Rohlwing Road, Suite A Rolling Meadows, IL 60008	Health-Pregnant Women / Infants	Assist pregnant women and infants up to one year. Scheduling and referrals to healthcare and other services. All services free for those qualifying.
Response Teen Clinic	https://www.jcfs.org/response	1-847-676-0078	9304 N. Skokie Blvd Skokie, IL 60077	Health- Teens	Friendly counseling & sexual health services and for teens and their families. (Jewish Federation of Metro. Chicago)
Illinois Breast and Cervical Cancer Program- IL. Dept. of Public Health	www.cancerscreening.illinois.gov	1-888-522-1282	Office of Women's Health 535 West Jefferson Street Springfield, Illinois 62761	Health- Women	Provides free mammograms, breast and pelvic exams, pap tests and treatment to all uninsured IL. Women ages 35-64, regardless of income.
NCH Women's Health	https://www.nch.org/conditions/womens-health/	847-618-1000	NCH WomanCare Center 1051 W. Rand Road Suit 101 Arlington Heights, IL 60004	Health- Women	Classes for women: "Well Child" "Nutrition, Diabetes, and Health" "Healthy Relationships"

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
Creekside Health Center	https://greaterfamilyhealth.org	844-599-3700	300 McHenry Rd Wheeling, IL 60090	Housing	Comprehensive, quality, affordable medical and dental care to uninsured people & Medicaid, Medicaid Managed Care, or Medicare recipients. - Are All Kids Recipients
Faith Community Homes	http://www.fchomes.org	1-847-342-0846	302 N. Dunton Ave. Arlington Heights, IL 60004	Housing	Two-year program to help low income, working families learn to make better choices.
Home of the Sparrow	www.hosparrow.org	1-815-271-5444	Home of the Sparrow Inc. 4209 W. Shamrock Lane, Unit B McHenry, IL 60050	Housing	Housing and supportive services to women and children who are homeless in Northern IL
Illinois Tenants Union	www.tenant.org	1-773-478-1133	Use "Contact Us" form on the website	Housing	Advocates for residential renters- break lease, security deposits, repairs, evictions.
Journeys the Road Home	www.journeystheroadhome.org	1-847-963-9163	1140 E. Northwest Hwy. Palatine, IL 60074	Housing	Serves individuals in NW suburban Cook County who are homeless or at risk of becoming homeless. Hope Center offers a wide range of free services and referrals. PADS is their emergency shelter program and they have a Pathway Housing Readiness program.
Regional Housing Partnership	https://regionalthousingpartnership.com/partnership.org/	contact via website	online	Housing	Network of organizations to help people maintain and stay in their homes.
CEDA	https://www.cedaorg.net	Main 1-312-782-2332 Toll Free 1-800-571-2332	567 W. Lake Street, Suite 1200 Chicago, IL 60661	Housing	Weatherization program for low-income IL. Families. Funding may be limited at times. Call ahead.
Willow Creek Care Center	www.willowcreekcarecenter.org	1-224-512-2600	Willow Creek Community Church 67 E. Algonquin Road South Barrington, IL 60010	Housing	Willow Creek Community Church's outreach. Wide range of services including food, children's clothing, housing repairs, transportation, computer lab and ESL classes, employment services, legal services, health services and tax prep. Eligibility screening through their Care Center Services.
Universal Telephone Assistance Programs- Link-Up and Lifeline	www.linkupillinois.org	Call- AT&T: 1-888-256-5378	312 S 4th St, Suite 200 Springfield, IL 62701	Housing- Phone Service	Help for low income individuals and families to obtain local telephone service.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
WINGS (Women in Need Growing Stronger)	www.wingsprogram.com	24 hr. Hotline: 1-847-221-5680 Housing, Counseling and Mentoring: 1-847-519-7820	P.O. Box 95615 Palatine, IL 60095	Housing-Women	Comprehensive care and support for homeless or abused women and women with children. Emergency shelter and transitional housing for women and children.
Low Income Home Energy Assistance Program(LIHEAP)	https://www.acf.hhs.gov/ocs/low-income-home-energy-assistance-program-liheap	1-866-674-6327 1- 202-401-9351	Office of Community Services, Division of Energy Assistance Mary E. Switzer Building, 5th Floor West 330 C Street, SW Washington, D.C. 20201	Housing-Utility Bills	Energy bill assistance for low income residents. Limited funding at times.
Ark	www.arkchicago.org	Chicago office: 1-773-973-1000 Ark Northwest: 1-773-973-0011	Ark Northwest 3100 Dundee Road - #802 Northbrook, IL	Human Services	Free social and medical services for the Chicago area's Jewish residents in need.
Elk Grove Township	www.elkgrovetownship.com	1-847-437-0300	Elk Grove Township 600 Landmeier Road, Elk Grove Village, IL 60007	Human Services	General and emergency assistance, food pantry, care, Mobile Dental Clinic, Salvation Army Service Ext., Community Health Nurse, and more.
Hamdard Center	www.hamdardcenter.org	Addison: 1-630-835-1430 Crisis Line: 1-866-305-3933	Addison Office: 228 E. Lake Street Addison, IL 60101	Human Services	Social and health services agency for the South Asian and Middle Eastern communities in IL.
Illinois Dept. of Human Services	www.dhs.state.il.us	Skokie Resource Center: 1-847-483-7171 Help Line: 1-800-804-3833	3501 W Algonquin Rd - 4th Floor Rolling Meadows, IL 60008	Human Services	Help with housing, food, childcare, substance abuse, medical, disabilities and more. Office locator on website.
Jewish United Fund of Metropolitan Chicago	www.juf.org/about_juf	1-312-346-6700	Ben Gurion Way 30 S. Wells Street Chicago, IL 60606	Human Services	JUF network of agencies and programs to care for people at every stage of life, regardless of ability to pay or faith.
Lutheran Child & Family Services of Illinois	www.lcfs.org	1-708-771-7180 Information and Referral: 1-800-363-5237	One Oakbrook Terrace, Suite 501, Oakbrook Terrace, IL 60181	Human Services	Statewide social service agency serving all faiths and races. Adoption, foster care, counseling and referral, wide range of community programs.
Northwest Community Healthcare Resource Center	https://www.nch.org/locations/nch-community-resource-center/	1-847-776-9500	1585 N. Rand Road Palatine, IL 60074	Human Services	Health, education and social services agencies and organizations help under-resourced NW suburbanites.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
Northwest Compass Inc	www.northwestcompass.org/	1-847-392-2344	Northwest Compass, Inc. 1300 W. Northwest Highway Mount Prospect, IL 60056	Human Services	Crisis assistance and referrals, career & financial coaching;, help with child care, energy, food connections, helping hands, housing, transitional living, affordable living, hosted programs, and food aid forwomen and children.
Palatine Township- General Assistance Services	https://palatinetownship-il.gov/departments/general-assistance/	1-847-358-6700	721 South Quentin Road Palatine, IL 60067	Human Services	Financial assistance, food pantry, heating bill assistance, public aid assistance, mobile dental clinic and referral info. By appointment and verification req.
Schaumburg Township	www.schaumburgtownship.org	1-847-884-0030	One Illinois Blvd. Hoffman Estates, IL 60169	Human Services	Health, disability, employment & general assistance, counseling, senior, transport. & veteran services.
Willow Creek Care Center	www.willowcreekcarecenter.org	1-224-512-2600	Willow Creek Community Church 67 E. Algonquin Road South Barrington, IL 60010	Human Services	Willow Creek Community Church's outreach. Wide range of services including food, children's clothing, housing repairs, transportation, computer lab and ESL classes, employment services, legal services, health services and tax prep. Eligibility screening through their Care Center Services.
Caring Place Program- caregiver temporary relief	https://cvlutheran.org/acaringplace	1-847-437-2666	Christus Victor Lutheran Church 1035 S. Arlington Hts. Rd Elk Grove, IL 60007	Human Services Adult Care	Caregivers can leave their loved one with mild cognitive or physical impairments for a fun structured day from 9:30-3:00 on certain days (M, W, Th.). \$20/day fee. Contact them for more information.
Firman Community Services: Rolling Meadows Maternal Child Health Program	www.firmancs.org	1-847-222-1200	1855 Rohlwing Road, Suite A Rolling Meadows, IL 60008	Human Services Pregnancy-New Mom	Assist pregnant women and infants up to one year. Scheduling and referrals to healthcare and other services. All services free for those qualifying.
Home of the Sparrow	www.hosparrow.org	1-815-271-5444	Home of the Sparrow Inc. 4209 W. Shamrock Lane, Unit B McHenry, IL 60050	Human Services Women	Provides housing and supportive services to women and children who are homeless in northern IL.
National Immigrant Justice Center (Heartland Alliance Program)	www.immigrantjustice.org	1-312-660-1370	Call or email for an appointment: immigrantlegaldefense@heartlandalliance.org	Immigration Services	Legal services and advocates for low income immigrants, refugees and asylum seekers. Fee based.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
CARPLS Referral Program	www.carpls.org	1-312-738-9200	17 N. State Street Chicago, Illinois	Legal	Legal Aid Service for low-income Cook County residents. Hotline and court-based advice desks. Clients with more complex needs are referred by CARPLS to a network of specialized legal and social service providers.
Chicago Area Pro Bono Providers (IL. Attorney General)	www.illinoisattorneygeneral.gov/about/probono.html	1-312-814-3000, TTY: 1-800-964-3013	100 West Randolph St, IL 60601 Chicago	Legal	Site lists law schools, bar associations, and nonprofit org. that may be able to help those unable to afford legal services.
Domestic Violence Legal Clinic (Domestic Violence Courthouse for Chicago)	www.dvlcchicago.org	1-312-325-9155	555 West Harrison St., Suite 1900 Chicago, IL60607	Legal	Free services, orders of protection.
HandsOn Suburban Chicago	www.handsonsuburbanchicago.org	1-847-228-1320	2121 S. Goebbert Rd. Arlington Heights, IL 60005	Legal	Connect those fulfilling a court-ordered service term with a volunteer opportunity.
Illinois Attorney General- hotlines and helplines	www.illinoisattorneygeneral.gov/about/hotlines.html	Chicago Office: 1-800-386-5438	Chicago Main Office: Attorney General 100 West Randolph St. Chicago, IL 60601	Legal	Consumer Fraud, Identity Theft and more.
Illinois Legal Aid	www.illinoislegalaid.org			Legal	Online legal information.
LAF Chicago	www.lafchicago.org	1-312-341-1070	120 S. LaSalle Street, Suite 900 Chicago, IL 60603	Legal	Free professional legal services for people in poverty. Full-time attorneys work to achieve protection from an abusive spouse, unfair eviction, consumer fraud, etc.
National Immigrant Justice Center (Heartland Alliance Program)	www.immigrantjustice.org	1-312-660-1370	Call or email for an appointment: immigrantlegaldefense@heartlandalliance.org	Legal	Legal services and advocates for low income immigrants, refugees and asylum seekers, fee.
Willow Creek Care Center	www.willowcreekcarecenter.org	1-224-512-2600	Willow Creek Community Church 67 E. Algonquin Road South Barrington, IL 60010	Legal	Willow Creek Community Church's outreach. Wide range of services including food, children's clothing, housing repairs, transportation, computer lab and ESL classes, employment services, legal services, health services and tax prep. Eligibility screening through their Care Center Services.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
AMITA HEALTH Alexian Brothers Center for Mental Health	www.alexianbrothershealth.org/acmh/	1-847-952-7460	3436 N. Kennicott Ave. Arlington Heights, IL 60004	Mental Health	Child, adolescent and adult care. 24 hour crisis intervention. Accepts Medicaid, Medicare and All Kids. Sliding fee scale for Wheeling and Palatine township residents.
Kenneth Young Center	www.kennethyoung.org	1-847-524-8800	1001 Rohlwing Rd. Elk Grove Village, IL 60007	Mental Health	Mental health services, family counseling and senior support services for Elk Grove Township and Schaumburg Township.
Northwest Community Hospital- Behavioral Mental Health Services	https://www.nch.org/locations/nch-behavioral-health-center/	1-847-618-4160	901 Kirchoff Rd. Arlington Heights, IL 60005	Mental Health	Resources and support for wide range of psychiatric, emotional, substance abuse and other mental health problems- adults and adolescents. Partnership with Linden Oaks.
Illinois Dept. of Healthcare and Family Services: SASS- Screening, Assessment, and Support Services	www.illinois.gov/hfs/MedicalProviders/behavioral/sass/Pages/sasshome.aspx	CARES Crisis Line: 1-800-345-9049		Mental Health- Children	Serves children experiencing a psychiatric emergency. SASS services available by calling the CARES (Crisis and Referral Entry Services) line. CARES may refer to other services.
Caris	www.caris.org	1-312-229-5739	Willow Creek Care Center (Northwestern Suburbs) Entrance G 67 E. Algonquin Road South Barrington, IL 60010	Pregnancy & Parenting	Faith-based counseling for unexpected pregnancy. Support regardless of faith or pregnancy decision.
Take the First Step (Teen parenting in District 214)	https://www.d214.org/Page/716	1-847-718-7600	Email the coordinator to set up an appointment to discuss any concerns: teen.parenting@d214.org	Pregnancy & Parenting	Teen parenting program of District 214, provides information on pregnancy, labor and delivery, and parenting. Free taxi services to classes and babysitting.
Fellowship Housing	www.fhcmoms.org	1-847-882-2511	2500 W. Higgins Rd., Suite 130 Hoffman Estates, IL 60169	Pregnancy & Parenting- Housing	Safe, affordable housing and one-on-one mentoring for homeless single moms.
Holt Sunny Ridge Children's Services	www.holtsunnyridge.org	1-630-754-4500	270 Remington Blvd., Suite D Bolingbrook, IL 60440	Pregnancy Counseling	Free and pregnancy-options-counseling to help women make the best choice for them
Chicago Rape Crisis Hotline	https://ywcachicago.org/our-work/sexual-violence-support-services/rapecrisis/	1-888-293-2080	1 N LaSalle St STE 1150, Chicago, IL 60602	Rape	Chicago area. (Will serve Rolling Meadows residents.)
American Legion	www.alpost690.us	1-847-359-1606	122 W. Palatine Rd. Palatine, IL 60067	Recycling	Outside flag collection box, for proper disposal of flags.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
EPA - Plug in to eCycling	www.epa.gov/recycle/electronics-donation-and-recycling		U.S. Environmental Protection Agency Office of Resource Conservation and Recovery 1200 Pennsylvania Ave., NW (5305P) Washington DC 20460	Recycling	Provides links to store and manufacturing partner's electronic recycling programs.
Solid Waste Agency of Northern Cook County (SWANCC)	www.swancc.org/	1-847-724-9205	Various sites	Recycling	Provides options for safe recycling of garbage challenges (hazardous household waste, computers, etc.).
AARP Driver Safety Course	www.aarpdriversafety.org	1-800-350-7025	AARP Smart Driver Course 4201 FM 1960 West, Ste. 100 Houston, TX 77068	Senior Services	Online class, fee.
AgeOptions	www.ageoptions.org	1-800-699-9043 or 1-708-383-0258	1048 Lake Street, Suite 300 Oak Park, IL 60301	Senior Services	Not-for-profit organization that connects suburban Cook County adults over 60 and their caregivers with resources and service options.
Escorted Transportation Service Northwest	www.etsnw.org	1-847-222-9227	Arlington Heights Senior Center 1801 West Central Road Arlington Heights, IL 60005	Senior Services	Provides reliable volunteer based transportation for older adults for health related appointments (part of Arlington Heights Senior center). \$12 round trip donation req.
Area Agency on Aging	ageoptions.org	1-800-252-8966 (Senior Helpline)	1048 Lake Street, Suite 300 Oak Park, IL 60301	Senior Services	Area Agencies on Aging have the primary task of planning and coordinating services and programs for older people in their respective areas. The AAAs contract with local agencies which provide services to the older people who live in the same community. Services are based on available funding.
Kenneth Young Center	www.kennethyoung.org	1-847-524-8800	1001 Rohlwing Rd. Elk Grove Village, IL 60007	Senior Services	Mental health services, family counseling and senior support services for Elk Grove and Schaumburg Townships.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
North West Housing Partnership Senior Handyman Program	www.nwhp.net	1-847-969-0561	1701 E. Woodfield Rd., Suite 203 Schaumburg, IL 60169	Senior Services	Home maintenance or simple home improvement project help for residents aged 65 or older.
Palatine Township Transportation Services	https://palatinetownship-il.gov/bus-transport/	1-847-358-6700	721 South Quentin Road Palatine, IL 60067 online: CLICK: DEPARTMENTS & SERVICES - TRANSPORTATION - BUS TRANSPORT	Senior Services	Transportation serving senior citizens and handicapped individuals. Also offer subsidized taxi service. Pre-registration and reservations req. Lower cost.
Schaumburg Township- Senior Services	www.schaumburgtownship.org/departments/senior-services/	1-847-285-4541	One Illinois Blvd. Hoffman Estates, IL 60169	Senior Services	Senior Program assistance, transportation, veterans, support groups, recreation.
Senior Citizens Consumer Fraud Hotline (IL. Attorney General)	www.illinoisattorneygeneral.gov/seniors/index.html	1-800-243-5377	Office of the Attorney General James R. Thompson Center 100 W. Randolph St. Chicago, IL 60601	Senior Services	Website provides links to other programs to protect seniors as well as consumer info.
Senior Handyman Service- City of Rolling Meadows program	https://www.cityrm.org/184/Senior-Handyman-Service	RM: 1-847-506-6030 To Schedule: 1-847-870-7751 M-F 8-4	3600 Kirchoff Road 1st Floor Rolling Meadows, IL 60008	Senior Services	Minor repairs for residents scheduled through Tom Thompson. Rates are income based. Call the RM number for more information and see if you qualify.
Senior Health Insurance Program (SHIP) (under IL. Dept. of Aging)	https://www2.illinois.gov/aging/ship/Pages/default.aspx	1-800-252-8966	email: AGING.SHIP@illinois.gov	Senior Services	Free Statewide health insurance counseling service for Medicare beneficiaries. Offers a Medicare supplement premium comparison guide.
Senior Resource Guide from Northwest Suburban Housing Collaborative (website of City of Rolling Meadows)	https://www.cityrm.org/DocumentCenter/View/162/City-of-Rolling-Meadows-Senior-Resource-Book-PDF?bidId=	various	various	Senior Services	An informational guide to the many resources to seniors in the NW suburban area.
Suburban Resource Guide for Seniors	https://www.chicagosuburbanfamily.com/senior-resource-guide/	various	various	Senior Services	Wide range of programs, services and resources for Suburban Cook County Seniors: events, leisure activities, clubs, sources of assistance for health, bereavement, meals, tax prep and more.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
TRIP- Township Riders Initiative Program	https://www.schaumburgtownship.org/departments/transportation-services/township-riders-initiative-program/	Township: EG: 1-847-437-0300 Pal: 1-847-358-6700 Sch: 1-847-884-0030		Senior Services	NW Suburban Cook program to provide rides for medical purposes only for ages 60+ or permanently disabled over 18 (includes all RM). Call your township to register (form) and schedule. Fee.
Adult Protective Services (APS)	https://www2.illinois.gov/aging/ProtectionAdvocacy/pages/abuse.aspx	1-866-800-1409		Senior Services	Report suspected abuse, financial exploitation or neglect of adults.
Nursing Home Complaint Hotline- IL Dept. of Public Health	http://www.dph.illinois.gov/topics-services/health-care-regulation/complaints	Illinois Department of Public Health's Nursing Home Complaint Hotline: 1-800-252-4343	Illinois Department of Public Health Office of Health Care Regulation Central Complaint Registry 525 W. Jefferson St., Ground Floor Springfield, IL 62761-0001	Senior Services- Abuse/Neglect	To report abuse in nursing facilities.
Caring Place Program- caregiver temporary relief	https://cvlutheran.org/acaringplace	1-847-437-2666	Christus Victor Lutheran Church 1035 S. Arlington Hts. Rd Elk Grove, IL 60007	Senior Services Care	Caregivers can leave their loved one with mild cognitive or physical impairments for a fun structured day from 9:30-3:00 on certain days (M, W, Th.). \$20/day fee. Contact them for more information.
Illinois Long-Term Care Ombudsman Program- IL Dept. on Aging	https://www2.illinois.gov/aging/programs/LTCOmbudsman/Pages/default.aspx	Suburban Cook County: 1-888-206-1327	Suburban Cook County: 1-888-206-1327	Senior Services- Care	Provider agency designated by region. Protect the quality of life for residents in long-term care settings.
Arlington Heights Senior Center	http://www.vah.com/our_community/senior_center	1-847-368-5000	33 S. Arlington Heights Road Arlington Heights, IL 60005	Senior Services- Diverse	Made up of 8 individual agencies with their own service area and some receive fed. funding. No residency restrictions except lending closet (only AH). No dues but some program fees.
Catholic Charities: Northwest Suburban Senior Services	www.catholiccharities.net/ccnw	1-847-253-5500	1801 W. Central Road Arlington Heights, IL 60005	Senior Services- Diverse	To help older adults remain independent in their own homes and enhance the quality of their lives. Advocate, care coordination, elder abuse issues, relatives raising children, information assistance and respite care. Caregiver Support Group. Serves Barrington, Palatine, Hanover and Wheeling Townships.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
AMITA HEALTH Medical Group Geriatrics Schaumburg	https://www.amitahealth.org/location/amita-health-medical-group-geriatrics-schaumburg	1-847-885-4688	350 W. Schaumburg Rd. Schaumburg, IL 60194	Senior Services-Health	Geriatric specialists address chronic illness, depression, dementia and other disabilities and help manage conditions, improve function, promote healthy aging and support families.
AARP Foundation Tax-Aide	www.aarp.org/money/taxes/aarp_taxaide/	Tax Season: 1-888-687-2277		Senior Services-Tax Prep	Volunteer-run tax assistance and Preparation service for low to middle-income taxpayers over 50, esp. over 60. Online link for federal tax return questions year-round.
Schaumburg Police Social Service Dept.	www.villageofschaumburg.com	1-847-895-4500	101 Schaumburg Court Schaumburg, IL 60193-1878	Social Services	General social services
Wheeling Township	www.wheelingtownship.com	1-847-259-7730	1616 N. Arlington Hts. Rd Arlington Heights, IL 60004	Social Services	General social services
Alcoholics Anonymous	www.aa.org	1-847-359-3311 (Palatine-RM)		Substance Abuse	Support group for alcoholics.
Cocaine Anonymous	https://illinoisareaca.org/	1-312-834-3784	Local meeting sites available from website	Substance Abuse	Support for those recovering from cocaine and all mind altering substances.
Family Anonymous	www.familiesanonymous.org	1-800-736-9805	Families Anonymous, Inc. 701 Lee St., Suite 670 Des Plaines, IL 60016	Substance Abuse	Support in the recovery from the effects of a loved one's addictions.
Lutheran Social Services of IL	www.lssi.org	Drug & Alcohol Outpatient Treatment in Arlington Heights: 1-847-640-7954 Des Plaines: 1-847-635-4600	1001 E. Touhy Ave. #50 Des Plaines, IL 60018	Substance Abuse	Critical programs for IL's most vulnerable; foster care, mental health services, alcohol and drug treatment, affordable senior housing, residential programs for the develop. Disabled & re-integration programs for the formerly incarcerated.
Narcotics Anonymous	www.chicagona.org	1-708-848-4884	Local meeting sites available from website	Substance Abuse	Association and support group for recovering drug addicts.
Northern Illinois Alanon/Alateen	www.niafg.org	NW suburban Cook Cty: 1-847-358-0338	Fair Salt Creek Office Center 2010 E Algonquin Rd, Schaumburg, IL, 60173, USA	Substance Abuse	Help for those suffering due to close association with an alcoholic.

Community Resources (by Subject)

Organization	Website or Email Contact	Phone Number	Address	Subject	Notes
Call-n-Ride Arlington Hts, Rolling Meadows, selected areas (under "Paratransit Service, Dial-a-Ride" on website)	www.Pacebus.com	AH-RM Call-n-Ride: 1-224-803-9277	Check website for location information	Transportation	Reservation-based, shared ride service for the general public in a limited area, fee.
RTA Travel Information Center	www.rtachicago.com	Travel Information: 1-847-836-7000 Customer Service: 1-312-913-3200	175 W. Jackson Blvd, Suite 1650 Chicago, IL 60604	Transportation	Regional public transportation information.
Willow Creek Care Center	www.willowcreekcarecenter.org	1-224-512-2600	Willow Creek Community Church 67 E. Algonquin Road South Barrington, IL 60010	Transportation	Willow Creek Community Church's outreach. Wide range of services including food, children's clothing, housing repairs, transportation, computer lab and ESL classes, employment services, legal services, health services and tax prep. Eligibility screening through their Care Center Services.
Illinois Department of Veterans' Affairs	https://www2.illinois.gov/veterans/Pages/default.aspx	In Illinois: 1-800-437-9824 Out-of-State: 1-217-782-6641	George Dunne County Building 69 West Washington Suite 1620 Chicago, Illinois 60602	Veteran	Assist Veterans and their families find the services and benefits they've earned and need. Website locator for Veterans' Service Offices.
Small Business Association: Veteran-Owned Businesses	www.sba.gov/vets	1-312-353-4528	500 W Madison St, Suite 1150, Chicago IL	Veteran	Provides business training and counseling for eligible veterans starting or expanding a small business.
Veteran Affairs Officer and Vet Center at Palatine Township	https://palatinetownship-il.gov/veterans-service-officer/	1-847-485-2772	Palatine Township Center 721 S. Quentin Road Suite 102 Palatine, IL 60067	Veteran	Assist Veterans and their families apply for benefits.
Veterans Crisis Line	www.veteranscrisisline.net/	1-800-273-8255		Veteran	Connects Veterans in crisis (& their families & friends) with Dept. of Veteran Affairs responders.
HandsOn Suburban Chicago	www.handsonsuburbanchicago.org	1-847-228-1320	2121 S. Goebbert Rd. Arlington Heights, IL 60005	Volunteer	Connects youth, adults and those fulfilling a court-ordered service term with an opportunity to make a difference.